



## Training Notice

The Momentum Centre is recruiting youth for its meaningful work experience and employment program, for the Momentum Now! Program.

### Participant Selection Criteria:

- ✓ Currently in receipt of EIA (Employment & Income Assistance) **OR** at risk of enrolling on EIA
- ✓ Currently on EI (Employment Insurance) **AND/OR** EI is ending soon
- ✓ Between 18 and 30 years of age
- ✓ Motivated to work and willingness to learn
- ✓ Ready to move your life forward
- ✓ Demonstrates sobriety management and/or consistent harm reduction
- ✓ Has a solid plan for child care
- ✓ Ready to commit to an 8-month program

### Program involves:

- 8 weeks of pre-employment training where participants stay on EI/EIA
- 24 weeks of paid meaningful work experience in a cooperating workplace that participants help choose in their field of interest and expertise that could lead to ongoing employment. Participants earn \$11.95 an hour for 37.5 hours a week. During the 24-week work experience component participants also receive weekly professional development training.
- At Graduation, participants will have gained 504 hours of highly participatory and hands-on professional development and 636 hours of work experience.

### About us:

The Momentum Centre, Inc. (TMC) is a non-profit, charitable organization recognized provincially and nationally as an innovator in providing life stabilization, meaningful employment, cutting-edge professional development, trauma recovery, successful labour force attachment and community reintegration with

- Employment and Income Assistance Recipients
- Indigenous and New Canadian Youth
- Post-incarcerated Adults and Youth

**TMC's unique model** puts participants at the centre as key decision makers in directing their learning. Graduates move into the world of meaningful work having built a foundation of resiliency, self-governance, and self-management to sustain them in employment long-term.

### The five key skill building areas of our curriculum are:



If you are ready and excited to move your life forward, we want to hear from you! Case Coordinators and Career Development Counsellors are welcome to make referrals. Youth are welcome to self-refer at **204-415-7488**.